Hello, my name is…………………………………….and I am a student doctor from ……………………… Hospital. I am helping the doctors here follow up people who came to our Emergency Department in November 2016 last year with thunderstorm asthma or breathing problems. You helped answer our questionnaire last year, and kindly said we could contact you again to understand more about thunderstorm asthma. This research has been approved by the Eastern Health Ethics Committee and will take less than 3 minutes of your time. Do you mind if I ask you some questions about how you have been since last year, and whether you had any problems this November?

1. Did you get hayfever this spring? (runny nose, sneezing, blocked itchy nose, watery itchy eyes)
   - Yes
   - No → go to Question 4

2. Regarding your hayfever:
   2a. Did it disturb your sleep?
       - Yes
       - No
   2b. Did it restrict your daily activities (leisure/sport)?
       - Yes
       - No
   2c. Did it affect your school or work?
       - Yes
       - No
   2d. Did it cause you troublesome symptoms?
       - Yes
       - No

3. What medications did you take to treat your hayfever?
   3a: Antihistamine tablets (e.g. Zyrtec, Telfast, Claratyne..)?
       - Yes
       - No
   3a1: If Yes, how often in the last 4 weeks?
       - Less than once a week;
       - 1 to 2 days/week;
       - 3 to 4 days/week;
       - 5 or more days/week
   3b: Nasal steroid sprays (e.g. Rhinocort, Nasonex, Beconase)?
       - Yes
       - No
   3b1: If Yes, how often in the last 4 weeks?
       - Less than once a week;
       - 1 to 2 days/week;
       - 3 to 4 days/week;
       - 5 or more days/week

4. On average, how frequently have you had asthma symptoms (wheezing, coughing, shortness of breath, chest tightness) in the last 12 months?
   - None
   - Less than 4 times in the year
   - Once every 1-3 months
   - 1 to 3 times per month
   - 1 to 3 days per week
   - More than 3 days per week

5. Have you been prescribed preventer inhalers for your asthma?
   - Yes
   - No → go to Question 8

6. When did you start taking regular preventer inhalers for asthma?
   - Before Nov 2016;
   - Before Sep 2017;
   - Since Sep 2017;
   - Since Oct 2017;
   - Only from Nov 2017

7. Regarding preventer inhalers for asthma, how often were you taking them in the 4 weeks of November this year?
   - Not at all
   - Less than once a week
   - 1 to 2 days per week
   - 3 to 4 days per week
   - 5 or more days per week
8. In the 4 weeks of November this year, how much of the time did your asthma keep you from getting as much done at work, school or at home?
   - All of the time
   - Most of the time
   - Some of the time
   - A little of the time
   - None of the time

9. How often did you have shortness of breath in the 4 weeks of November this year?
   - More than once a day
   - Once a day
   - 3 to 6 times a week
   - Once or twice a week
   - Not at all

10. In the 4 weeks of November this year, how often did your asthma symptoms (wheezing, coughing, shortness of breath, chest tightness or pain) wake you up at night or earlier than usual in the morning?
    - 4 or more nights a week
    - 2 to 3 nights a week
    - Once a week
    - Once or twice
    - Not at all

11. In the 4 weeks of November this year, how often did you need to use your reliever inhaler (such as Ventolin or Bricanyl)?
    - 3 or more times per day
    - 1 or 2 times per day
    - 2 or 3 times per week
    - Once a week or less
    - Not at all

12. How would you rate your asthma control during the 4 weeks of November this year?
    - Not Controlled at All
    - Poorly Controlled
    - Somewhat Controlled
    - Well Controlled
    - Completely Controlled

13. Do you have an asthma action plan?
    - Yes
    - No
    → If Yes:
      13a: Did you need to follow (or use) it in the 4 weeks of November this year? Yes No

14. Since November 2016, have you required any of the following medical services in the last 12 months?
   14a: Urgent GP visit for asthma Yes No
   14b: Hospital or emergency department visit for asthma Yes No
   14c: Spent at least one night in hospital for asthma Yes No
   14d: Non-urgent visit to GP for review of asthma Yes No

15. Are we still able to contact you again in future if we need to do research to understand more about thunderstorm asthma? Yes No

Thank you for your time.